



SUMMER TO GROW

WHAT CAN I GROW?

P = Can be grown in pots **S** = Needs lots of space **C** = climber (will need support) **F** = Fast growing

JUNE

You can grow almost anything in June! Sow any of the seeds below straight outdoors.

Beans **PCF**

Beetroot **P**

Broccoli **S**

Cabbage **S**

Carrots **P**

Chickory **P**

Courgettes **SF**

Cucumber **PSC**

Herbs (any) **P**

Kale **P**

Kohl rabi **P**

Lettuce leaves **PF**

Pak choi **P**

Peas **PCF**

Pumpkin **SC***

Radish **PF**

Spinach **PF**

Spring onion **PF**

Squashes **SC***

Sunflower **PF**

Swede **P**

Sweetcorn **PS**

Swiss chard **P**

Turnip **P**

*also happy creeping on the ground

JULY

July is a great time to sow seeds and plant out established young plants.

Beans **PCF**

Beetroot **P**

Cabbage **S**

Carrots **P**

Herbs (any) **P**

Kohl rabi **P**

Lettuce leaves **PF**

Pak choi **P**

Peas **PCF**

Radish **PF**

Spinach **PF**

Spring onion **PF**

Swiss chard **P**

Turnip **P**

AUGUST

Summer will be over soon, so you'll need to sow fast growing or overwintering varieties of vegetable.

Cabbage **S**

Carrots **P**

Kohl rabi **P**

Lettuce leaves **PF**

Pak choi **P**

Radish **PF**

Spinach **PF**

Spring onion **PF**

Swiss chard **P**

Turnip **P**